



Sherman E. Burroughs High School

Under **COVID-19**



February 11, 2021

This is a fluid working document that may be adjusted as conditions and/or guidance changes.



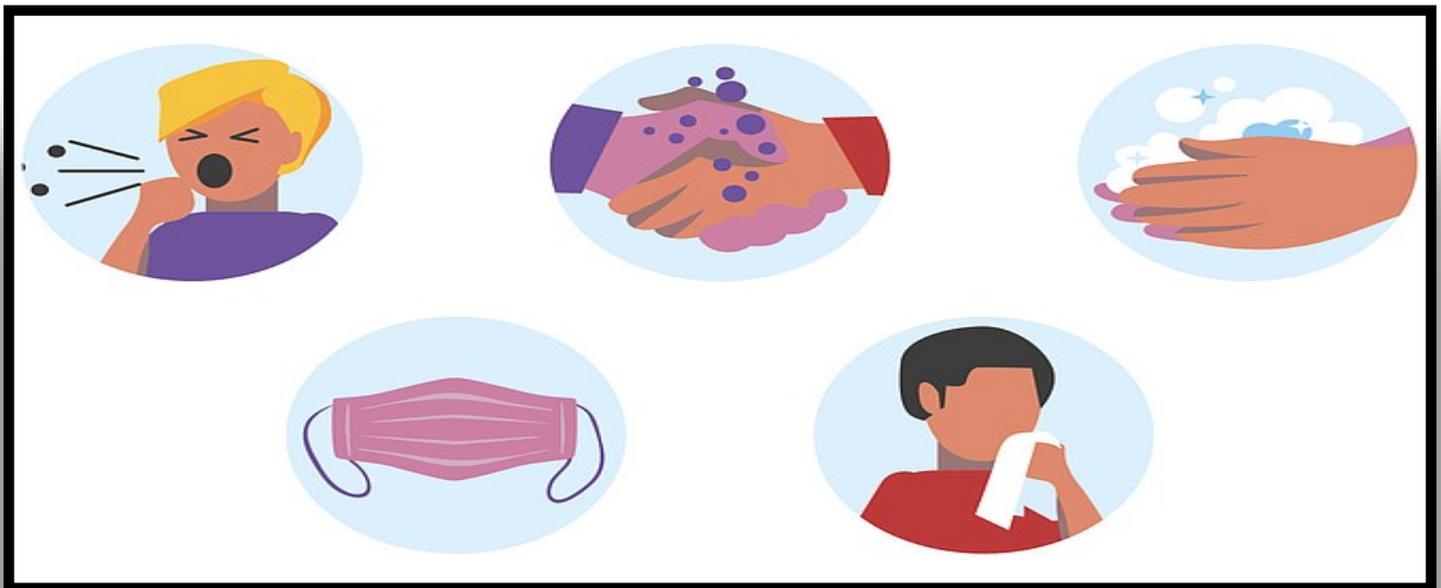
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1. Implementation of COVID-19 School Plan

Burroughs High School's goal is to prioritize the reopening of the school as safely and as quickly as possible given the many known and established benefits of in-person learning. It is important to adopt and implement action to slow the spread of COVID-19 within the school and local community. SSUSD has utilized guidance from the Center for Disease Control and Prevention (CDC), the California Department of Public Health (CDPH), the Kern County Public Health Department (KCPHD), the California Department of Education (CDE) and Kern County Superintendent of Schools (KCSOS) to develop this school site plan in conjunction with site administration at Burroughs High School. It is reasonable to expect that the protocols in this document will change as local conditions change. This plan will also be included in the school site safety plan.

Any general questions or concerns on the COVID-19 guidelines the school has implemented should be directed to Bryan Auld, Assistant Superintendent of Human Resources and COVID-19 Coordinator for Sierra Sands USD at 760-499-1620. Questions directly related to the site should be directed to the Burroughs High School Administration at 760-499-1800.



2. Safety Prevention Guidelines

Burroughs High School is taking measures to ensure students and staff stay safe and healthy. A successful school opening will require every member of the Burroughs High School community to do their part in adhering to the safety guidelines.

Each one of us plays a vital role in keeping our school community safe and healthy against the spread of **COVID-19**.

PROTECT yourself and others:



WEAR a face covering that covers your nose and mouth when in public



WASH your hands frequently, for 20 seconds, and using hand sanitizer



PRACTICE social distancing

PREVENT the spread of COVID-19:



PRACTICE daily self care: eat healthy, get sleep, exercise, maintain clean hygiene



KEEP shared spaces clean



PRACTICE the Screening Protocol every day



CONTACT a health care provider if any COVID-19 symptoms develop



STAY home when feeling sick

PREPARE and plan ahead:



ADHERE to Burroughs High School guidelines



FOLLOW directional signage throughout the campus



KEEP face coverings with you at all times



FIND ways to be together socially, while physically distant



3. What Families Can Expect as School Reopens

The health and safety of our students, staff, and families is of the utmost importance. When permitted to return to on-campus instruction, school will look much different than previous years due to new health and safety measures. The plan to reopen school is based on current guidance from public health officials and state agencies and will be updated as the situation evolves.

It is important to note that school plans must focus sharply on academic instruction to enhance student performance. At the same time, when practicable, Burroughs High School is committed to maintaining the co-curricular programs, clubs, and athletics which are paramount to the physical, mental, and social well-being of our students.

4. As students return, it will look different

Transportation

The district will have limited transportation due to the social distancing guidelines and as such is currently limited to transporting students with acute needs.

- Students will practice social distancing while waiting for transportation services.
- Active symptom screening of all students for COVID-19 symptoms will occur before they enter the school bus each day.
- On morning bus routes, buses will be loaded back to front.
- On afternoon bus routes, buses will be loaded according to drop off schedule.
- Drivers are trained to clean vehicles.
- Vehicles will be cleaned and disinfected between each bus run.
- Students and drivers will be required to wear face coverings unless exempt.

If a student arrives without a face covering, one will be provided. School bus monitors may wear face shields on school buses when assisting special needs students. Non-alcohol hand sanitizer will be provided to all students by the bus monitor to use before students board the bus. Students will practice social distancing while riding the bus to the best extent possible.





Arrival/Departure

Arrival	Departure
<ul style="list-style-type: none">• Buses and parents should drop off students at the sidewalk by their classroom (J-1/N-55).• A staff member will greet the students and conduct an active screening.• Parents should remain by their cars and not enter campus.• Parents should not drive off until the active screening is complete.• After completing the active screening, students will proceed directly to the classroom.• Students will sanitize their hands with the provided hand sanitizer before entering the classroom.• If students arrive late, please call the office, so the office can ask a staff member to complete an active screening and escort the student to the classroom.	<ul style="list-style-type: none">• Buses and parents should pick up students at the sidewalk by their classroom (J-1/N-55).• Parents should remain by their cars and not enter campus.• Parents should call the classroom to let the staff members know to bring their student to the car• Students will sanitize their hands with the provided hand sanitizer before exiting the classroom.• Students will be escorted to the bus or car by a staff member.
Student Pick-Up: <ul style="list-style-type: none">• In the event that a student needs to be picked up during class time; parents should remain in their car and call the attendance office; the attendance office will contact the teacher; the teacher will escort the student to the parking lot.	
Visitors: <ul style="list-style-type: none">• Parents & visitors will have limited access to the school campus.• Students and parents wanting to speak with an administrator, counselor, or staff member should call the front office or email that individual to set up an appointment.	

5. Symptom and Exposure Screening

There are two types of health screenings that will take place each day when staff and students arrive at school: active and passive. The District will determine which screening to require based on the guidance from the Local Health Department (LHD). Generally, active screening will be required when transmission is widespread (i.e. purple tier) and passive screening will be allowed as transmission decreases (i.e. orange, yellow tiers).

Note to Parents: Daily screening for COVID-19 symptoms and for exposure to someone with COVID-19 prior to leaving for school can prevent students with COVID-19 from coming to school while infectious, thus preventing in-school transmission.

Active Screening

1. Ask COVID-19 screening questions:
 - In the last 14 days have you or anyone in your household had close contact with someone who has or is suspected of having COVID-19?
 - In the last 72 hours, have you experienced any of the following symptoms?
 - Fever (100.4 or higher), headache, cough, sore throat, shortness of breath, chills, muscle aches, loss of taste and smell, gastrointestinal (nausea, vomiting or diarrhea)?
2. Staff will take the student's temperature using a non-contact thermometer. Any student who has a temperature of 100.4 or higher will not be allowed to attend school that day.
3. Clear students who do not have any related symptoms.
4. Prevent students who show COVID-19 related symptoms from entering school facilities. Please refer to the *Positive Response Protocols* listed in section 8

Passive Screening

While sites are required to conduct passive screening, staff and students will need to follow these steps:

1. Answer COVID-19 screening questions before student drop off or bus pickup:
 - In the last 14 days have you or anyone in your household had close contact with someone who has or is suspected of having COVID-19?
 - In the last 72 hours, have you experienced any of the following symptoms?
 - Fever (100.4 or higher), headache, cough, sore throat, shortness of breath, chills, muscle aches, loss of taste and smell, gastrointestinal (nausea, vomiting or diarrhea)

6. On Campus & In the Classroom

Facing Covering & PPE

California Department of Public Health (CDPH)

Students in all grade levels TK-12 are required to wear face coverings at all times while at school, unless exempted.

What is a cloth face covering? A cloth face covering is a material that covers the nose and mouth. It can be secured to the head with ties or straps or simply wrapped around the lower face. It can be made of a variety of materials, such as cotton, silk, or linen. A cloth face covering may be factory-made or sewn by hand.

How well do cloth face coverings work to prevent spread of COVID-19? There is scientific evidence demonstrating that use of cloth face masks or coverings by the public during this COVID_19 pandemic helps reduce disease transmission. Their primary role is to reduce the release of infectious particles into the air when someone speaks, coughs, or sneezes, including someone who has COVID-19 but feels well. Cloth face coverings are not a substitute for physical distancing, washing hands, and staying home when ill or under quarantine, but they are an additive when combined with these primary interventions.

How should I care for a cloth face covering? It's a good idea to wash your cloth face covering frequently, ideally after each use, or at least daily. Have a bag or bin to keep cloth face coverings in until they can be laundered with detergent and hot water and dried on a hot cycle. If you must re-wear your cloth face covering before washing, wash your hands immediately after putting it back on and avoid touching your face. Discard cloth face coverings that:

- No longer cover the nose and mouth
- Have stretched out or damaged ties or strap
- Cannot stay on the face
- Have holes or tears in the fabric.

For additional information and resources regarding masks and face coverings, including types of recommended and not recommended masks, see the CDC Face Coverings Website.

Refusal to Wear a Face covering

Facial coverings are required for all students' grades TK through 12. The California Department of Public Health (CDPH) has issued guidance that any student who refuses to wear a face covering who does not have an exemption be required to remain in distance learning from home.



Hand Washing

- Students and staff are required to wash hands frequently. It is recommended that they use soap and water and rigorously rub fingers together for a minimum of 20 seconds.
 - Hand sanitizer is recommended when soap and water are not available. Hand sanitizer, which contains at least 60% ethyl alcohol as recommended by the CDPH, will be available at multiple locations on each school site including each classroom.
 - At a minimum, students and staff should wash their hands or use hand sanitizer at the following times:
 - Upon arrival to a campus or workspace
 - Before and after eating
 - When entering a classroom
 - After using the restroom
 - After using a tissue to blow their nose or coughing into their hands

Social Distancing



Social distancing will limit the spread of the virus. Burroughs will adhere to the following strategies to maintain social distancing as much as possible:

- During regular school hours, Burroughs will restrict non-essential visitors, volunteers, and activities involving other groups.
- Limit group activities wherever practicable (i.e.: assemblies, award ceremonies, athletics, performances, dances).
- Routes will be designated for entry and exit to lunch, break, and other transition times, as feasible.
- Restrooms: -C, D, E, L, M, Outside Boys Locker room-2 people at a time
-G, H, I, K, Library-1 person at a time



- The distance between the teacher's desk and other staff desks will be at least 6 feet away from student desks. The distance student desks will be at least 6 feet away from one another, except where 6 feet of distance is not possible. Under no circumstance should the distance between student desks be less than 4 feet.
- U-shaped sneeze guards have been installed on every student desk providing an extra barrier of protection. Sneeze guards have also been installed on the teacher's desk.
- Short-term exposures of less than 6 feet between students and staff are permitted (e.g., a teacher assisting a student one-on-one), but the duration should be minimized and masks must be worn.
- In classrooms where there is a sink the drinking fountain mechanism has been turned off but the faucet for hand washing will continue to work. (Note- students can bring a water bottle to school for personal use. In addition, individual water bottles will be available if needed.
- Stickers have been placed strategically in classrooms indicating where students should stand when waiting to use the faucet to wash their hands.
- Ingress and egress has been strategically designed so that students do not pass closely to one another. Where there are two doors in a classroom space, one has been designated as the entrance and the other the exit. Stickers, signs and other objects have been set up to remind students to follow the designed pattern of travel.
- The District has installed touch-less hand soap and paper towel dispensers for classrooms where there is a sink. In other spaces, hand sanitizer will be available.
- Student restrooms have a reduced maximum occupancy. Signs have been posted indicating what the maximum occupancy will be. Plastic bags cover additional urinals and caution tape covers stall doors as a reminder that only one or two students are permitted at a time.
- Classrooms will be cleaned every day after students and staff have left. The cleaning procedure includes the application of cleaning agent using a hydrostatic sprayer.
- Manipulatives used for instruction will be stored in personal bins and are not to be shared.
- Backpacks are not permitted at this time.

Non Classroom Space

- Non essential visitors are currently prohibits
- Pedestrian paths of travel are clearly marked. Where possible, the paths are one way traffic reducing the number of occurrences where students must pass with 6 feet of one another.
- All non-classroom space has a decreased maximum capacity and signs have been posted indicating how many students and staff can be in an office space at any given time. For those instances where students must wait in a line, floor stickers have been placed on the ground 6 feet apart to indicate where they must stand while waiting.
- Classroom space will be arranged to remove non-essential furniture, allowing maximum space

Food & Nutrition Service



Food & Nutrition Services will provide individually bagged meals to students.

- Breakfast and lunch will be provided by food services. Students will be allowed to bring their own bottled water. In addition, individual water bottles will be available to students throughout the day within the classroom. Drinking fountains have been disabled at this time.
- **Breakfast** – A “Grab and Go” breakfast will be delivered to students in the classroom after they arrive.
- **Lunch** - Students will receive a “Grab and Go” lunch and will eat on campus at socially distanced tables. In many cases, the instructional day for the student will end prior to the lunch period. Therefore, the student will take the “Grab and Go” lunch with them as they depart campus. No outside food may be brought on campus.
- **Please note, if your student has a medical need or food related allergy**, contact our Child Nutrition Services Director, Kris Groves at 499-1881 or email her at kgroves@ssusd.org

7. Procedure for COVID-19 Symptoms

During the course of the school day, if a student develops a frequent cough, fever, difficulty breathing, chills, muscle pain, headache, sore throat, or loss of taste or smell:



Students should notify their teacher, who will notify the Burroughs administration through phone or email. Students showing symptoms will be directed to go home or seek medical care depending on the circumstance. If a student has to wait for transportation, he/she will be escorted by a staff member to the CARES room. A staff member will supervise the student until a parent/guardian arrives. Upon arrival, a parent/guardian should remain in their car and call the attendance office; the attendance office will give the parent further instructions. The CARES room will not be used again until it has been thoroughly sanitized.

Note: Parents should be prepared to pick up their student(s) immediately in the instance they develop COVID-19 symptoms while at school and have a back-up plan for student pick-up, if necessary. Please be sure to have updated emergency contacts in Aeries.

If students have confirmation of having infection of COVID-19 Burroughs will follow the Positive Response Protocols (See section 8).

Contact Tracing Protocols

Contact Tracing Protocols

Upon a confirmed COVID-19 case the school site will follow the reporting protocol established by California Department of Public Health (CDPH). Specifically, the District will do the following:

- Schools must adhere to required reporting requirements and notify, as indicated, the LHD of any newly reported case of COVID-19 in a student or staff member if the LHD has not yet contacted them about the case.
- If the case is present at school at the time the school is notified, the case must go home and be excluded from school for at least 10 days from symptom onset date or, if asymptomatic, 10 days from the date the specimen was collected for the positive test.
- Send a notice, developed in collaboration with the LHD, to parents and staff to inform them that a case of COVID-19 in a student or staff member has been reported and that the school will work with the LHD to notify exposed people.
- Arrange for cleaning and disinfection of the classroom and primary spaces where case spent significant time. This does not need to be done until students and staff in the area have left for the day.
- Implement online/distance learning for student cases if they are well enough to participate.



8. Positive Response Protocols

Below are the California Department of Public Health's measures that should be taken when a student, teacher or staff member has symptoms, is in contact with someone infected or is diagnosed with COVID-19.

Student/Staff with:	Action	Communication
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C O V I D - 1 9 Symptoms (e.g., fever, cough, loss of taste or smell, difficulty breathing)	<ul style="list-style-type: none"> · Send home if at school · Recommend testing (If positive, see #3, if negative, see #4) · School and classroom remain open 	<p>No action needed</p>
Close contact with a confirmed COVID-19 case	<ul style="list-style-type: none"> · Send home if at school · Exclude from school for 14 days from last exposure per CDPH quarantine recommendations. · Recommend testing 5-7 days from last exposure (but will not shorten 10 day quarantine) · School and classroom remain open 	<p>Consider school community notification of a known contact exposure. No action needed if exposure did not happen in school setting.</p>
C o n f i r m e d COVID-19 Case infection	<ul style="list-style-type: none"> · Notify the local public health department (LHD) · Exclude from school for 10 days from symptom onset date or, if asymptomatic, for 10 days from specimen collection date. · Identify school contacts, inform the LHD of identified contacts, possibly the stable group for 10 days after the last date the case was present at school while infectious. · Recommend testing of contacts, prioritize symptomatic contacts (but will not shorten 14 day quarantine) · Disinfection and cleaning of classroom and primary spaces where case spent significant time · School remains open 	<p>School community notification of a known case</p> <p>Notification of persons with potential exposure if case was present in school while infectious</p>
Symptomatic person tests negative a healthcare provider has provided documentation that the symptoms are typical of their underlying chronic condition.	<ul style="list-style-type: none"> · May return to school 3 days after symptoms resolve · School and classroom remain open 	<p>Consider school community notification if prior awareness of testing</p>

* A contact is defined as a person who is within 6 feet from a case for more than 15 minutes cumulative within a 24- hour period, regardless of face covering. In some school situations, it may be difficult to determine whether individuals have met this criterion and an stable group, classroom, or other group may need to be considered exposed, particularly if people have spent time together indoors.

* See Stable Group Guidance for definition of a stable group. In some situations, (e.g., when seating charts are used, face covering is well adhered to, and teachers or staff have observed students adequately throughout the day), contact tracing and investigation may be able to determine more precisely whether each stable group member has been exposed. In this situation, those who were not close contacts could continue with in-person instruction

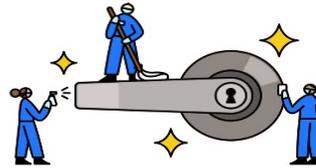
9. ADDITIONAL SAFETY CONSIDERATIONS

Cleaning and Disinfecting

It is important to note the differences between “cleaning” and “disinfecting.” “Cleaning” involves water and soap or a detergent, does not use disinfecting agents, and significantly decreases germs on surfaces and decreases infectious risks. “Disinfection” kills germs on surfaces using specific agents. If a positive case for COVID-19 is either suspected or confirmed, the spaces where the case spent a large proportion of their time (e.g., classroom) will be disinfected. Frequent disinfection can pose a health risk to children and students due to the strong chemicals often used and is not recommended in the school setting unless a case has been identified.

Custodial staff will clean frequently-touched surfaces at school and on school buses daily. Frequently touched surfaces in the school include, but are not limited to:

- Sink handles
- Shared tables, desks, or chairs
- Door handles
- Shared technology and supplies



Outdoor playgrounds/natural play areas only need routine maintenance. Students will be required wash or sanitize their hands before and after using these spaces. When hand hygiene is emphasized, cleaning of outdoor structures play is not required between stable groups.

Custodial staff will ensure proper ventilation during cleaning and disinfecting and will introduce fresh outdoor air as much as possible (e.g., opening windows where practicable). In addition, when disinfecting, custodial staff will disinfect well before students and staff arrive allowing sufficient time to air out the space.

Signage

- Signage will promote healthy hygiene practices and reminders to stay home when ill.
- Signage will designate entrances and separate exits in the hallways.
- Burroughs will have signage throughout campus to remind students and staff about hand washing, spreading germs, and social distancing.

Other

- Staff members will complete mandated COVID-19 online training sessions (SSUSD COVID-19 Workplace Safety Plan).
- Students who are on IEPs will have access to distance learning if a student's family deems necessary.
- School personnel will work closely with families of students who are immunocompromised regarding specific needs when returning to school.

10. School Closure Protocol

What are the criteria for closing a school to in-person learning? Individual school closure, in which all students and staff are not on campus, is recommended based on the number of cases and stable groups impacted, which suggest that active in-school transmission is occurring. Closure should be done in consultation with the LHO. Situations that may indicate the need for school closure:

- Within a 14-day period, an outbreak has occurred in 25% or more stable groups in the school.
- Within a 14-day period, at least three outbreaks have occurred in the school AND more than 5% of the school population is infected.
- The LHO may also determine school closure is warranted for other reasons, including results from public health investigation or other local epidemiological data. Length of closure: 14 days, or according to a decision made in consultation with the LHO. The State Safe Schools for All Technical Assistance teams (TA teams), comprised of experts across multiple state agencies, will be available to assist schools with disease investigation for those with outbreaks that cannot find resources to investigate the outbreaks. The TA teams will also be available to help schools that close to identify and address any remediable safety issues.

Schools may typically reopen after 14 days and if the following have occurred: Cleaning & disinfection, public health investigation, and in consultation with the LHD.

When to Close a Classroom	 When there is one positive case in a classroom.
When to Close a School	 When multiple classes OR 5% of students/staff have confirmed cases.*
When to Close a District	 25% or more of schools in a district have closed due to COVID-19.*

*Adapted from the CDC's 2020 School Closure Protocol

11. Campus Offices

Administration

Students and parents wanting to speak with an administrator should call the front office or email Burroughs administration to set up an appointment.

Burroughs Administration: Burroughsadministration@ssusd.org

Attendance Office

Parents should call or email the attendance office to report absences and tardies.

Karina Bullard: kbullard@ssusd.org

Ronelle Cannon: rcannon@ssusd.org

Counselors

Students and parents wanting to speak with a counselor should call the front office or email the counselor to set up an appointment.

Counselors:

Rose Douglas (last name: A-D): rdouglas@ssusd.org; ext.4005

Stephanie Bailey (last name: E-Ler): sbailey@ssusd.org; ext. 4007

Kerri Graves (last name: Les-Rn): kgraves@ssusd.org; ext. 4008

David Vigneault (last name: Ro-Z): dvigneault@ssusd.org; ext. 4006

Counseling Clerk: Bus passes, scholarship bulletins, registering new students

Laurie Rolfness: lrolfness@ssusd.org

Library

For help with Chromebooks, textbooks or library books please email

Janna Pearce: jpearce@ssusd.org

Patty Bell: pbell@ssusd.org

Student Services

Parents or students wanting to speak with specific office staff should call the front office or email the office staff member to set up an appointment.

Athletics/Activities:

Heidi Smith: hesmith@ssusd.org

Michele Lazaro: mlazaro@ssusd.org

Finance Office: All payments will be handled online through the Burroughs Online store found on the [Burroughs High School homepage](#).

Terrie Sween: tsween@ssusd.org

Records Office

Esprit Frisbie: efrisbie@ssusd.org

Registrar Office

Jim Ledbetter: jledbetter@ssusd.org



12. Mental Health Supports

Social Emotional Support

District and school staff are committed to supporting our students' social and emotional wellness and offering resources to ensure students transition back to school smoothly. Support staff will be available to assist students with social emotional needs. Families and schools will need to work together to check how students are feeling and assess their individual needs to provide the support our students need during these challenging times.

School Counselors

School Counselor(s) will be available during regular school hours. To speak with a counselor or to set up an appointment please call **760-499-1800** or email:

- Rose Douglas (last name: A-D): rdouglas@ssusd.org; ext.4005
- Stephanie Bailey (last name: E-Ler): sbailey@ssusd.org; ext. 4007
- Kerri Graves (last name: Les-Rn): kgraves@ssusd.org; ext. 4008
- David Vigneault (last name: RO-Z): dvigneault@ssusd.org; ext. 4006

Additional Supports

This year has been extremely difficult for people of all ages due to the many uncertainties surrounding the COVID-19 pandemic. Children are engaging in virtual learning, which has come with unforeseen challenges and setbacks. **Parents Anonymous®** offers a NO COST Parent and Youth Helpline which provides immediate emotional support from a trained and compassionate helpline counselor. Open 12 hours every day: Monday-Sunday 8 am – 8 pm CALL, TEXT OR CHAT in any language.



13. Technology Information

Chromebook 1:1 Program

SSUSD believes that all students need a device to ensure access to online instruction and instructional resources. SSUSD provides students with a Chromebook they keep with them throughout the year.

Using their Chromebooks, students have the ability to access the learning management system, Canvas, digital instructional materials and resources, and collaborate with their teachers and other students.

Students are expected to bring their fully charged Chromebook to and from BHS every day. This allows for continuity between in-school and online experiences.

Internet Access

SSUSD provides free hotspots to students who have unreliable or no Internet access at home. Please email techsupport@ssusd.org.

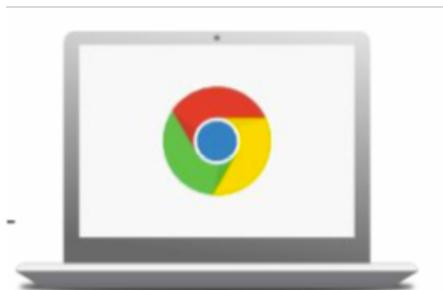
Technical Support

Students needing Chromebook repairs should contact

Janna Pearce: jpearce@ssusd.org or
Patty Bell: pbell@ssusd.org.

Students needing assistance with Zoom or Canvas, please contact the front office (760) 499-1800.

Students having issues with Mifis please email techsupport@ssusd.org



14. Sports & Co-Curricular

ACTIVITIES

The reopening guidelines for our athletics and other co-curricular activities will focus on ensuring that a safe environment will be provided for our students who choose to participate in these activities.

SSUSD recognizes that athletics and co-curricular programs are not only essential to the learning of all students involved but also a key to lifelong success for many of our students. As such, SSUSD is committed to following federal, state, and local health agency guidelines during our tiered reopening of our athletics programs while minimizing the risk of transmission of illness to students, families, coaches, and the community. SSUSD's tiered reopening of our athletics programs will be guided by what is feasible, practical, acceptable, and tailored to the needs of the community so that we may help our student-athletes participate in these highly meaningful and essential programs in the safest way possible.

California Department of Public Health (CDPH) Approval:

- Athletics started up with Tier 1 (Training in small cohorts of 12 athletes, no locker room use, no games)
 - Co-curricular activities have not started up yet. The Kern County Department of Education receives clarifying information from both the Kern County Department of Health and California Department of Public Health. SSUSD cannot speculate as to when guidance will be issued as it is dependent on the county meeting certain public health metrics.
 - As recommended by the CDPH following activities will not be allowed at this time: field trips and large group activities (assemblies, dances and rallies).

SSUSD Mandated Training: Prior to the commencement of coaching activities, all coaching staff members will complete COVID-19 required online training.

Burroughs High School, with guidance from SSUSD, will follow State and local guidance to determine tiered levels of participation with specified durations for a gradual to full physical return of athletics.

Students wishing to participate in sports should check the [BHS Athletics website](#) or contact the Athletic Director, Michele Lazaro mlazaro@ssusd.org for more information.

CIF has developed a comprehensive document to help school districts prepare for their student athletes to return to athletic activities. CIF Sports Updates can be found at the CIF website: [California Interscholastic Federation \(CIF\)](#)

2020-2021 BHS Athletic Calendars

[Fall Sports \(Crosscountry, Football, Girls Tennis, Volleyball\) Schedules](#)

[Winter Sports \(Boys/Girls Basketball, Boys/Girls Soccer, Boys/Girls Wrestling\) Schedule](#)

[Spring Sports \(Baseball, Boys Tennis, Golf, Softball, Swimming, Track/Field\) Schedule](#)

15. Additional Family Resources

COVID-19 Testing & Emergency Care

Call 911 for emergencies

Ridgecrest Regional Hospital

760-446-3551, 1081 N. China Lake Blvd.

Urgent Care

Heather Stone Urgent Care

760 446-4571, 900 N Heritage Dr Ste E

Ridgecrest Urgent Care

760 499-3800, 1111 N. China Lake Blvd.

Mental Health Services

Crisis Stabilization Unit

760-463-2880, 1141 Chelsea St.

College Community Health (for students with MediCal)

760 499-7406, 1400 N. Norma St. #133

Omni Family Health (has sliding fee scale)

1-800-300-6664, 1133 N. Chelsea Street

Rural Health Clinic Mental Health

760 499-3863, 1111 N. China Lake Blvd.

Southern Sierra Mental Health

760-446-6404, 105 E. Sydnor

Resources for Suspected Child Abuse or Neglect

If you suspect child abuse or neglect, please call the Child Protective Services Hotline.

Child Protective Services Hotline

(661) 631-6011 (County)

(760) 375-6049 (Ridgecrest)

Substance abuse

College Community Services Adolescent Substance Use Disorder Treatment Team (12-17 yrs old)

760 499-7406, 1400 N. Norma Ste. 127-133