

# Guidance for Students to Return to School After COVID-19

## Symptom and Exposure Screening

Note to Parents: Daily screening for COVID-19 symptoms and for exposure to someone with COVID-19 prior to leaving for school can prevent students with COVID-19 from coming to school while infectious, thus preventing in-school transmission.

If your student has any symptom(s) that are common in COVID-19, **DO NOT BRING THEM TO THE SCHOOL SITE**. Instead, keep your child at home and contact the school's office manager for guidance on how to proceed.

## Quarantine Protocols & Exposures

There is only one reason why a student would need to quarantine/isolate in the most current CDPH guidance: **If the student tests positive for COVID-19.**

Please review the quarantine/isolation guidelines listed below:

### Persons Who Test Positive for COVID-19

- Stay home for at least 5 days after the start of symptoms or after date of first positive test.
- Isolation can end after day 5 if symptoms are not present or are mild and improving; AND fever has been resolved for 24 hours (without the use of fever-reducing medication).
- If fever is present, isolation should be continued until 24 hours after fever resolves.
- If symptoms, other than fever, are not improving, continue to isolate until symptoms are improving or until after Day 10.
- After ending isolation, if symptoms recur, test again and if positive, restart isolation.

### Persons who are exposed to someone with COVID-19 regardless of vaccination status

- Exposed, asymptomatic students, may now continue in-person instruction and all other aspects of K-12 schooling, including sports and extra-curricular activities, regardless of vaccination status or exposure location.
- However, it is strongly recommended (not required) that exposed students:
  1. Test 3-5 days following last exposure.
  2. Close contacts should wear a well-fitting mask indoors around others for at least 10 days following the date of last exposure.
  3. Monitor closely for symptoms.
  4. If symptoms develop, test, and stay home. If the test result is positive, follow the isolation recommendations above.